

# Set up email using the iOS Mail app

*Outlook for Office 365 Office 2019 Outlook for Office 365 for Mac Office 2019 for Mac More...*

If you're trying to sign in to Office with your Microsoft account, you may get a message asking you for parental permission or to verify your age.

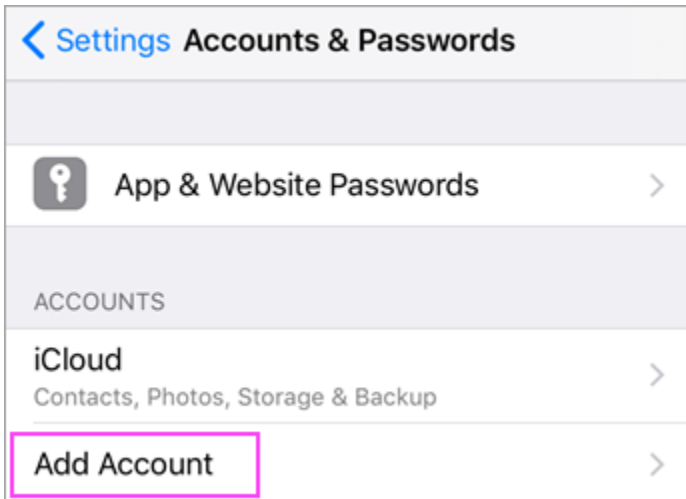
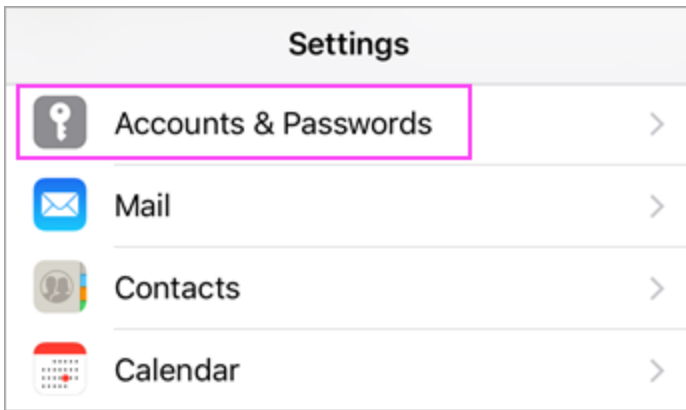
For more information about why you're seeing this and how to resolve it, see [Parental consent and Microsoft child accounts](#).

## Set up an Office 365, Exchange, or Outlook.com email in the iOS Mail app

1

Go to your iPhone or iPad's **Settings** > scroll down and tap **Accounts & Passwords** > **Add Account**.

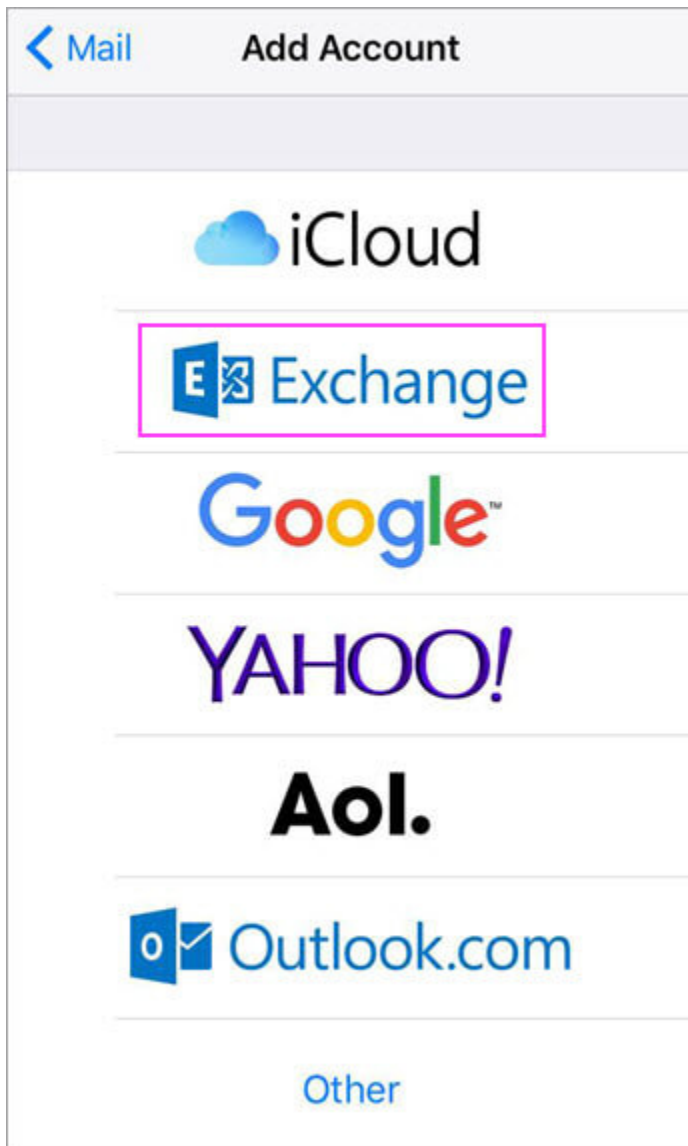
**Note:** If you're on iOS 10, go to **Mail** > **Accounts** > **Add Account**.



2

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Select **Exchange**.

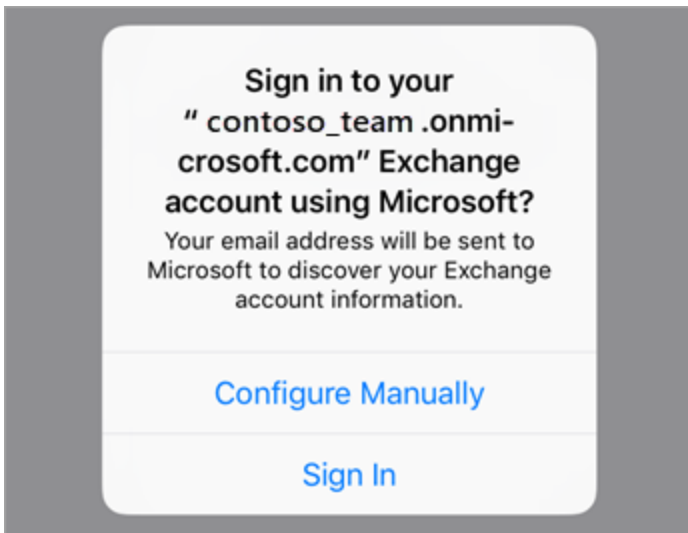


3

Enter your Office 365, Exchange, or Outlook.com email address and a description of your account. Tap **Next**.

Cancel	Exchange	Next
Email	TRoussel@contoso.com	
Description	Exchange	

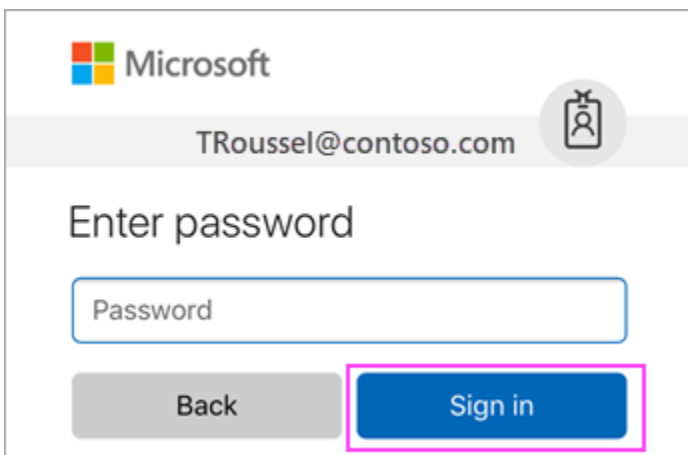
Tap **Sign In**.



**Note:** Tap **Configure manually** if you need to enter [server settings](#).

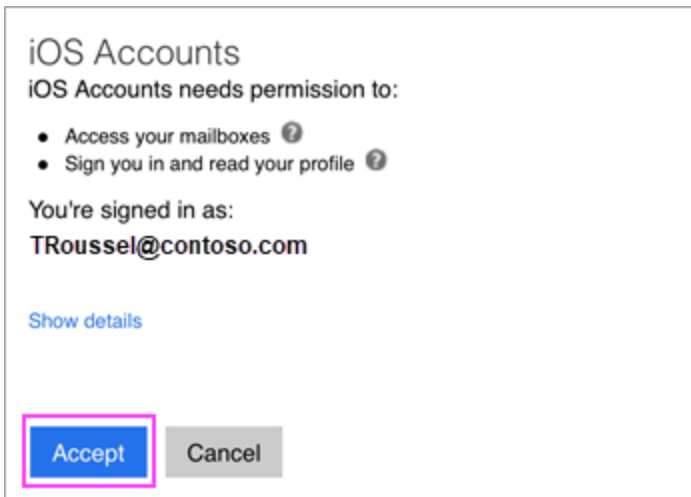
4

Enter the password associated with your email account. Tap **Sign in** or **Next**.



5

The Mail app may request certain permissions. Tap **Accept**.



6

Choose the services you want to sync with your iOS device and tap **Save**. You're done!

